

May Events

Chalk the Walk:

May 4th and 5th are the dates for this exciting community event. Access to the bank will be available via 3rd Ave. SW. Our Lower Drive-up will be open on Saturday.

Memorial Day:

The Bank will be closed Monday, May 27th in observance of Memorial Day.

June Events

Chocolate Stroll:

The 10th Annual Chocolate Stroll will be held in Mount Vernon on Saturday, June 1st, 10 a.m. to 4 p.m. Stroll through historic, uptown Mount Vernon and enjoy live music and chocolate.

Wine Academy:

Saturday, June 8th, 1 p.m. to 3 p.m., at the Lincoln Wine Bar, 125 1st St NW, Mount Vernon.
R.S.V.P required.



May Chalk the Walk Calendar Photo Taken by Dean Traver.

Wine Academy

On Saturday, June 8th we will explore the complex world of wine. Jesse Sauerbrei, owner of the Lincoln Wine Bar, along with a certified sommelier, will guide us through the nuances of eight different wines and discuss food pairings for the wine. The academy will be held at the Lincoln Wine Bar, 125 1st Street NW, Mount Vernon, from 1 to 3 p.m.

We will be sampling eight wines and an assortment of Lincoln Wine Bar's food offerings. The cost for the academy is \$10.00 and R.S.V.P.s are needed by Friday May 31st. Seating is limited so call 895-8835 to reserve your glass soon.



Savings for People on the Go

Transfer the Cents

Are you looking for an easy way to save? If so, our Transfer the Cents program is a great option for you. This program offers you two options to automatically transfer funds based on your end of day balance or your debit card activity:

Option 1: The end of day account balance transfer, the system will transfer the additional cents to bring your account balance **down** to the even whole dollar amount. Example: The end of day balance for your checking account is 75.03 so the system would transfer \$0.03 to your savings account.

Option 2: The difference between the amount of **each** POS or Debit Card transaction and the next whole dollar amount. Example: The amount of the POS or Debit Card transaction is \$5.25 so \$0.75 would be added to the end of day transfer amount (regardless of how many POS or Debit Card transactions are done on a given day, the system totals the amount to be transferred so there is only one "Transfer the Cents" withdrawal per day).

If you would like to receive additional information or to sign up for Transfer the Cents, stop in or call, we would be glad to assist you.

April Activities



Dr Phil Lucas shares his love and knowledge of baseball history.



If we are talking baseball, we must have popcorn, peanuts and Cracker Jacks.



Loads of documents being destroyed on Shred Day.

Benefits of Gardening

When spending time in your garden not only are you beautifying your landscape or growing fresh fruits and vegetables you may also be improving your health. Digging in the dirt may improve your immune system by exposing yourself to friendly bacteria, help you get light exercise, relieve stress, and improve your mood. Time spent in the sun causes your body to produce vitamin D, naturally, and will also boost the serotonin levels in your brain which improves your mood.

If bending and kneeling are an issue, consider raised beds as an alternative.

Don't forget to follow a few simple safety tips while gardening:

- Understand your limits, don't over do your physical capabilities with lifting, bending and pulling.
- Take breaks and keep yourself well hydrated.
- Carry a cell phone in case of an emergency.
- Consider gardening in the morning or early evening when it may be cooler outside.
- Protect yourself from the sun's harmful UV rays and sunburn with sunscreen and a wide brimmed hat.



If you are a produce gardener and have excess, Southeast Linn Community Center is a great place to share your bounty.

Mount Vernon Bank & Trust Company, 206 First St SW, Mount Vernon, IA 52314

895-8835 www.mountvernonbank.com Member FDIC